

# Eilenriede Klinik eng

Our claim: Your well-being

## A. Razeq Alimy

102lkahl · Friday, August 5th, 2022

### A. Razeq Alimy

Specialist in anesthesia, pain therapy and acupuncture

Medical director of the Eilenriede Clinic in Hanover

Medical director of the Institute for Anesthesia, Pain Therapy, Acupuncture and OP Management at the Eilenriede Clinic in Hanover

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### Activities

Since 2014

**Hygiene officer at the Eilenriede Clinic in Hanover**

Since 2013 Moderator of the Quality Circle for Anesthesia in the Eilenriede Clinic in Hanover

Since 2009 Medical Director of the Eilenriede Clinic in Hanover

Since 2008 Chief Physician in the Department of Anesthesia, Pain Therapy, Acupuncture and OP Management at the Eilenriede Clinic in Hanover

Since 2005 OR Manager at the Eilenriede Clinic in Hanover

1992-1999 Further training in anaesthesiology, intensive care medicine and pain therapy  
KRH Klinikum Nordstadt

1994-1997 Medical director of the HSD (Helicopter Special Service) at Hanover Airport

1991-1992 Further training in anesthesiology at the Braunschweig Clinic

1990-1991 Further training in anesthesiology at the Sophien Clinic in Hanover

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### Professional qualification

**1994 Recognition of the area designation of rescue medicine by the Medical Association of Lower Saxony**

1996 Recognition as a specialist in anesthesiology by the Medical Association of Lower Saxony

1998 Qualification certificate Senior Emergency Physician  
Working group of emergency physicians working in northern Germany

1999 Curriculum for special pain therapy MHH

1999 Recognition of area designation for special pain therapy by the Medical Association of Lower Saxony

2000 Proof of qualification Acupuncture Diploma A medikolleg

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## **1994 Recognition of the area designation of rescue medicine by the Medical Association of Lower Saxony**

- 2002 Proof of professional qualification Acupuncture Diploma B Chinese Center Hanover and the medical college of the East-South-North University of China Beijing
- 2002 Qualification as a transfusion officer
- Proof of specialist knowledge in palliative medicine from the Medical Association of Lower Saxony
- 2004 Basic course in psychosomatic basic care by the Medical Association of Lower Saxony
- 2007 Recognition of area designation for acupuncture by the Medical Association of Lower Saxony
- 2012 Basic training for moderators for quality circles of the Lower Saxony Association of Statutory Health Insurance Physicians
- 2013 Advanced course for ultrasound-assisted nerve blocks in anesthesia and pain therapy
- 2014 Basic course for hygiene officers doctors Nds. Hanover State Health Office
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## **Continuing Education Authorization**

### **2002 Authorization for further training special pain therapy and acupuncture**

- 2012 Authorization for further training in anesthesiology 18 months
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## **Memberships**

- Lower Saxony Medical Association
  - German Society for Anaesthesiology and Intensive Care Medicine
  - German society for pain therapy
  - Professional Association of Qualified Medical Experts Germany e. V
  - Kieser Training GmbH Germany
  - Quality circle pain therapy QuaSt KVN Hanover
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## **My range of services**

On this page you will find an overview of my main areas of treatment:

I have specialized in anaesthesiology, pain therapy and acupuncture. I would be happy to make my knowledge available to you and answer your questions. You can be sure from the start that your treatment will be supervised with the necessary anesthesiological expertise beforehand and during the implementation.

### **Outpatient and inpatient anesthesia**

Before an operation under anaesthesia, a discussion with an anesthetist from our anesthesia team is always obligatory. During the anesthesia consultation, we will inform our patients in detail. For every possible anesthetic technique, we consider whether it makes sense for our patients. The careful discussion of personal risks and possible benefits is an essential part of the preliminary medical consultation.

Before the anesthesia is carried out, the patients are immediately examined again by me and explained about the chosen anesthetic method and the course of the anesthesia.

The anesthesia is initiated together with an anesthetist or an anesthesiologist. We stay with the patients for the entire duration of the operation and ensure their safety and well-being. Close monitoring is used to avoid the risk of reduced cerebral blood flow. For example, the EEG (brain current measurement) provides information about the depth of sleep. With the help of the INVOS oximeter, we can avoid an intraoperative insufficient supply of oxygen to the brain.

We are convinced that modern anesthetics are safer than ever.

In this way, we guarantee our patients a high safety standard for anesthesia, a painless post-operative stay in our clinic thanks to specialist medical standards, the most modern anesthetic machines and monitoring, as well as suitable medication.

### **Special pain therapy for chronic pain patients**

The main task of our team – in addition to administering the anesthetic – is the planning, treatment and supervision of pain treatment for acute and chronic symptoms as well as postoperative pain therapy.

In principle, we treat all patients who suffer from pain. What kind of pain it is is initially of secondary importance. The majority of our pain patients suffer from headaches, back pain, arthrosis, herpes zoster, somatoform pain disorders or complex regional pain syndrome.

The following important pain therapy procedures are used to treat pain patients: Administering medication according to the guidelines for pain therapy and according to the WHO grading scheme, epidural injections for back pain and spinal disc damage, infusion therapy, nerve blocks, neural therapy, TENS, psychological support, medical strength training, acupuncture according to certification A – and B diploma.

### **Acupuncture**

By pricking needles at precisely defined points in the skin, disorders inside the body can be eliminated or alleviated. The acupuncture points are all located on lines called meridians. According to the ancient Chinese view, the so-called life energy with its YING and YANG components circulates in them. These two life-sustaining forces are active in the body at the same time, but as opposite poles. Your complete balance in the organism represents the ideal state of health. An imbalance leads to illness over time.

We use acupuncture to treat headaches (migraines), back pain, allergies and hay fever, knee problems such as arthrosis, ringing in the ears (tinnitus), obesity and smoking cessation.

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### **contact details**

Eilenriede Klinik Hannover  
Uhlemeyerstraße 16  
30175 Hannover

Phone: 0511 8 66 45 01  
Alimy@schmerzdienste.de

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### **Consultation time**

Our office hours are available on Mondays, Tuesdays and Thursdays from 7:00 a.m. to 6:00 p.m.

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and on Wednesdays and Fridays from 7:00 a.m. to 4:00 p.m.

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